

Pre-Coaching Questionnaire

All completed information is fully confidential and treated appropriately, and will not be passed on to any other party.

Full Name: _____

Address: _____

Telephone nos: Home _____ Work: _____

Email: _____ Mobile: _____

Date of Birth: _____ Marital Status: _____

Occupation: _____ Children: Yes No

What are you expecting from coaching?

What aspects of your life do you enjoy most?

What aspects of your life do you enjoy least?

Please select at least one area of your life which you would like to discuss:

- Career
- Finance
- Personal growth
- Health
- Family
- Relationships
- Social skills
- Home
- Other – if you haven't already done so, please give more information by answering the questions above.

Once completed please fax it to **0871 264 8469** or post to

 **P O Box 54099, London, SW19 7WT**